

Single Dose Pre-Filled Pen

Patient Instructions

STEP 1:

If medication is refrigerated, remove from the refrigerator, leave carton at room temperature for 30-60 minutes out of direct sunlight prior to injecting.

STEP 2:

Gather supplies and place on a clean, flat surface and wash/dry hands.

- 1 Alcohol wipe
- 1 gauze pad
- 1 Single dose pen
- Sharps container

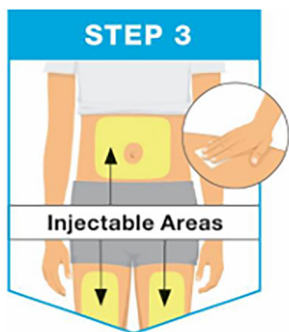


STEP 3: PREPARE YOUR INJECTION SITE

Choose injection site, making sure to rotate sites and wipe area in a circular motion with alcohol wipe, let air dry

- At least 2 inches from your belly button on either side
- Front of either thigh

Do not inject through clothes, do not touch, blow on or fan injections site after it is clean, do not inject into skin that is sore, bruises. Red, scarred. Stretch marked, or that with any skin conditions

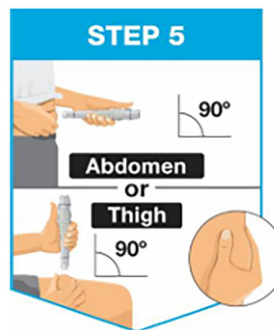


STEP 4: PREPARE TO INJECT

- Hold the pen with the cap side pointing up
- Pull cap straight off
- Check to ensure liquid is in the window of the pen

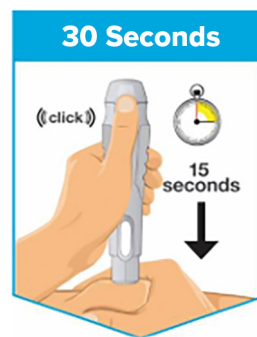
STEP 5: MEDICATION INJECTION

- Hold the pen with your fingers
- Turn the pen so the needle side points toward the cleaned injection site
- Pinch the skin at the injection site with the opposite hand so skin is raised
- Place the needle side of the pen straight against the skin at the injection site at a 90-degree angle



STEP 6:

Hold the pen firmly against the skin, push the button to administer the medication and hold there for at least 20 seconds.



STEP 7: COMPLETION

When the injection is complete, slowly pull out the pen straight from the skin, discard in the sharps container and place a gauze pad over the site, if there is bleeding. Slight bleeding is normal.

